



May 2022

Dear Friend,  
Happy Spring!

Thanks to all who contributed to the **148 trip days and 16 courses** led in the month of April. We could not do this without you!



**REGISTER HERE: First 100 people win a RAB bag**

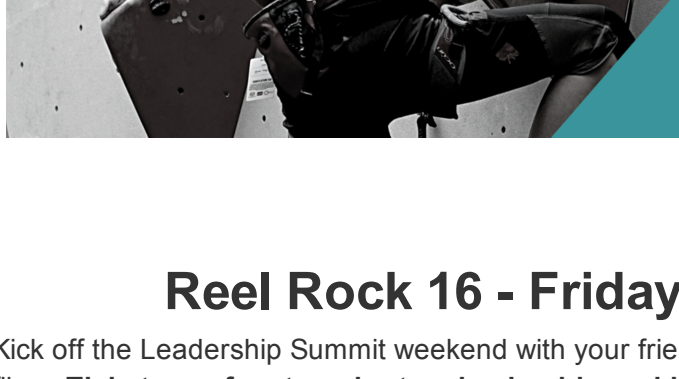
### Leadership Summit 2022

Join us on Saturday, May 21 at the American Mountaineering Center in Golden at 9am. Bring gear you no longer want/need for our free gear swap. This event is open to current CMC volunteers and those who are interested in becoming a trip leader or school instructor. If you know anyone who is considering becoming a volunteer, invite them!




**GIVE N GRAB GEAR**  
CMC LEADERSHIP SUMMIT MAY 21!

**MAY 21. CMC LEADERSHIP SUMMIT SEARCH & RESCUE DOGS OF COLORADO**  
Show your SAR dogs some love and learn more about the program during lunch and the roundtable activity.

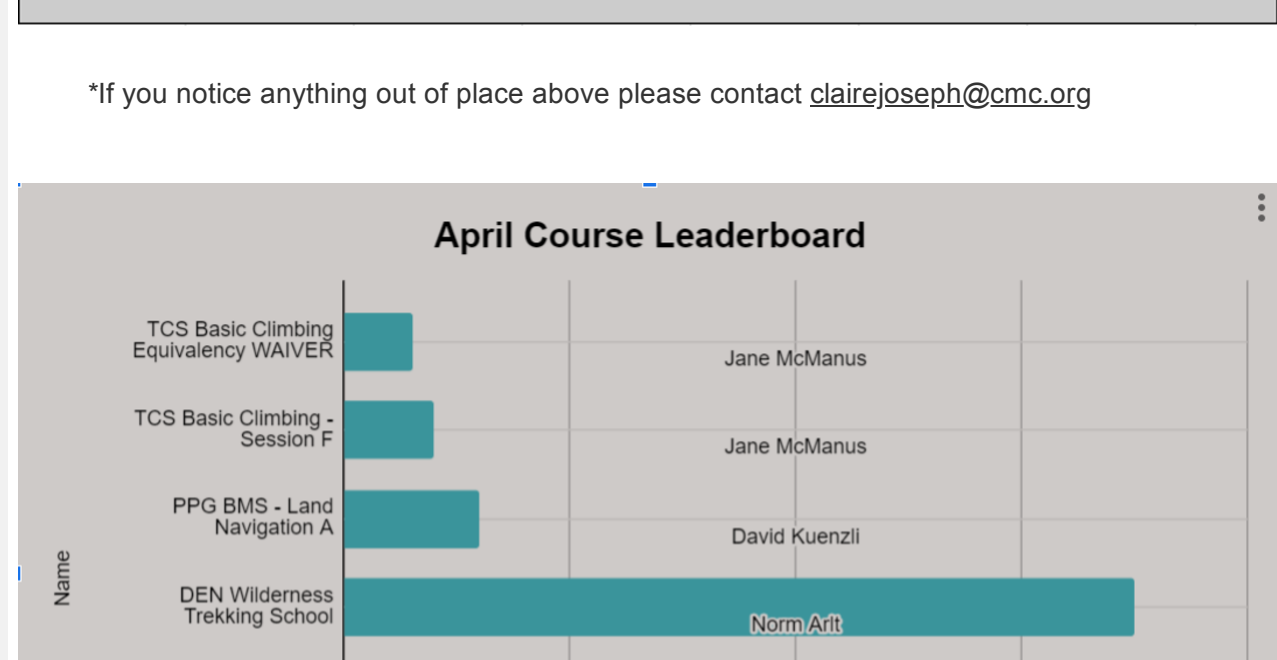
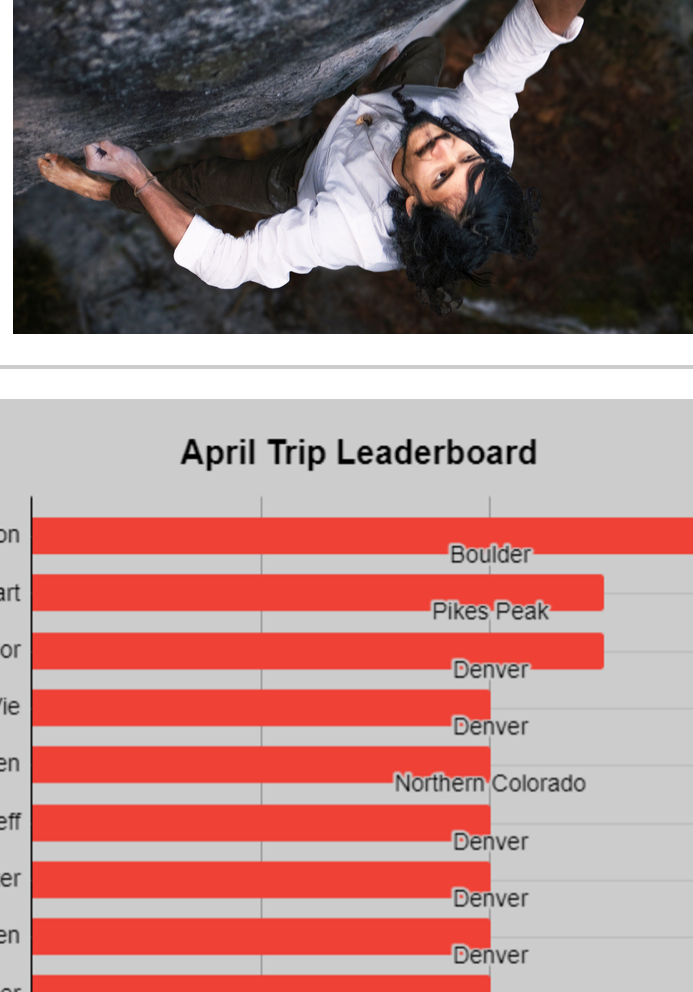


### Leadership Summit Sunday Trips

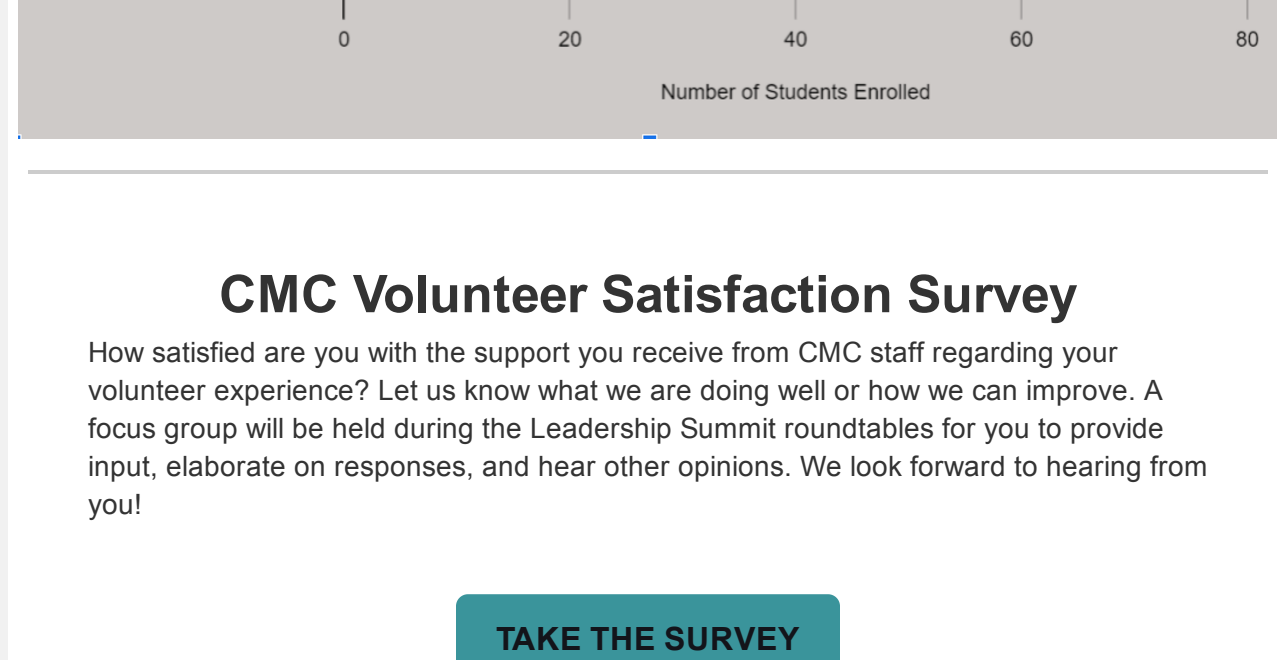
Continue the fun and connection of the Leadership Summit weekend out on the trails. Check out the [CMC calendar](#) for hiking and climbing trips especially for our Leadership Summit participants.

### Reel Rock 16 - Friday, May 20th

Kick off the Leadership Summit weekend with your friends while watching some inspiring films. **Tickets are free to volunteer leadership and include a drink and snack!** [Click here to register](#) and help us spread the word.



\*If you notice anything out of place above please contact [clairejoseph@cmc.org](mailto:clairejoseph@cmc.org)



### CMC Volunteer Satisfaction Survey

How satisfied are you with the support you receive from CMC staff regarding your volunteer experience? Let us know what we are doing well or how we can improve. A focus group will be held during the Leadership Summit roundtables for you to provide input, elaborate on responses, and hear other opinions. We look forward to hearing from you!

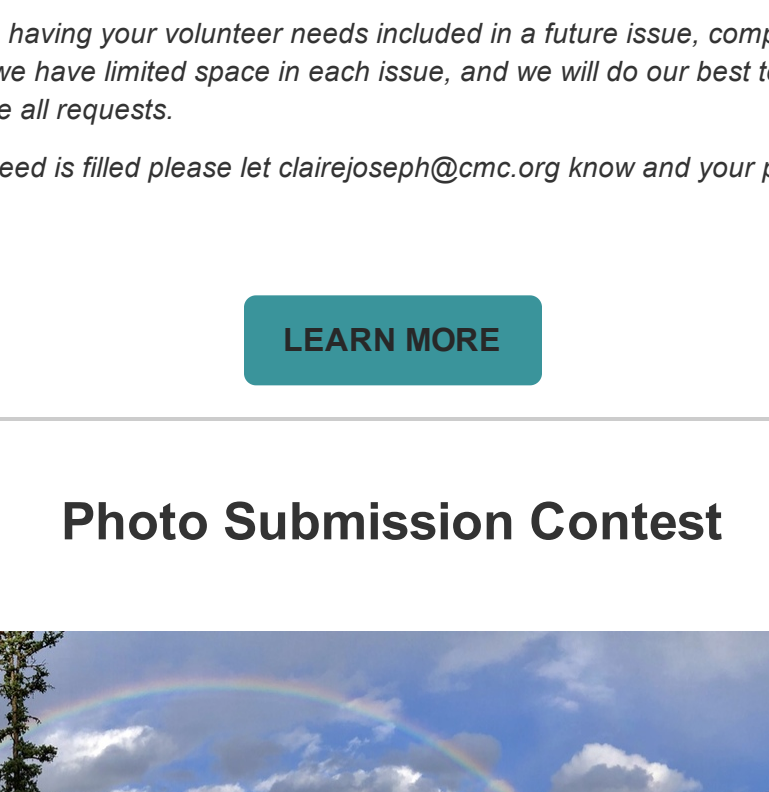
[TAKE THE SURVEY](#)

### Volunteer Spotlight: Scott Farquhar

Each month we highlight a CMC leader or instructor.

The May leader of the month is **Scott Farquhar**. Scott "discovered" CMC through an internet search before moving to Fort Collins in 2008. After settling in, he joined the club and started participating on trips led by the "Sages of Fort Collins CMC". The "Sages" instilled a love of off-trail in Scott, so he took Mountain Hiking School in 2012 and Alpine Scrambling Course in 2014. Feeling a need to give back to the NoCo Group, Scott became a trip leader in 2013, the Prospective Members/PR Director from 2012 to 2014, and the Communications Director from 2015 to 2017. Additionally, he has been an assistant instructor for the Mountain Hiking School from and an assistant instructor for the Alpine Scrambling Course. As a trip leader Scott has led/co-led over 140 trips including hikes, 14er climbs, mountain biking, scrambles, snowshoeing, backpacking, navigation practice, GPS practice, history walks, art bikes, history bikes, and XCOUNTRY/BCX/AT Ski Trips. Scott loves to share his love of the outdoors with others and always reminds fellow participants, "Remember we might get 'misplaced' but we won't get lost, and THAT is part of the adventure!"

We want to extend our deepest gratitude for all Scott has done and continues to do for the Club! You rock Scott!



### Submit your nomination for next month's issue!

Each month we'll be shining a spotlight on one CMC Trip Leader or Instructor. To submit a nomination, use the button below. Any nominees not selected will be considered in the following month. The selected nominee will receive a prize. Next month's prize is a **CMC Nalgene water bottle**.

[SUBMIT NOMINATION](#)

### Volunteer Recruitment

Are you looking for more to get involved? We are actively looking for leaders and instructors for the following:

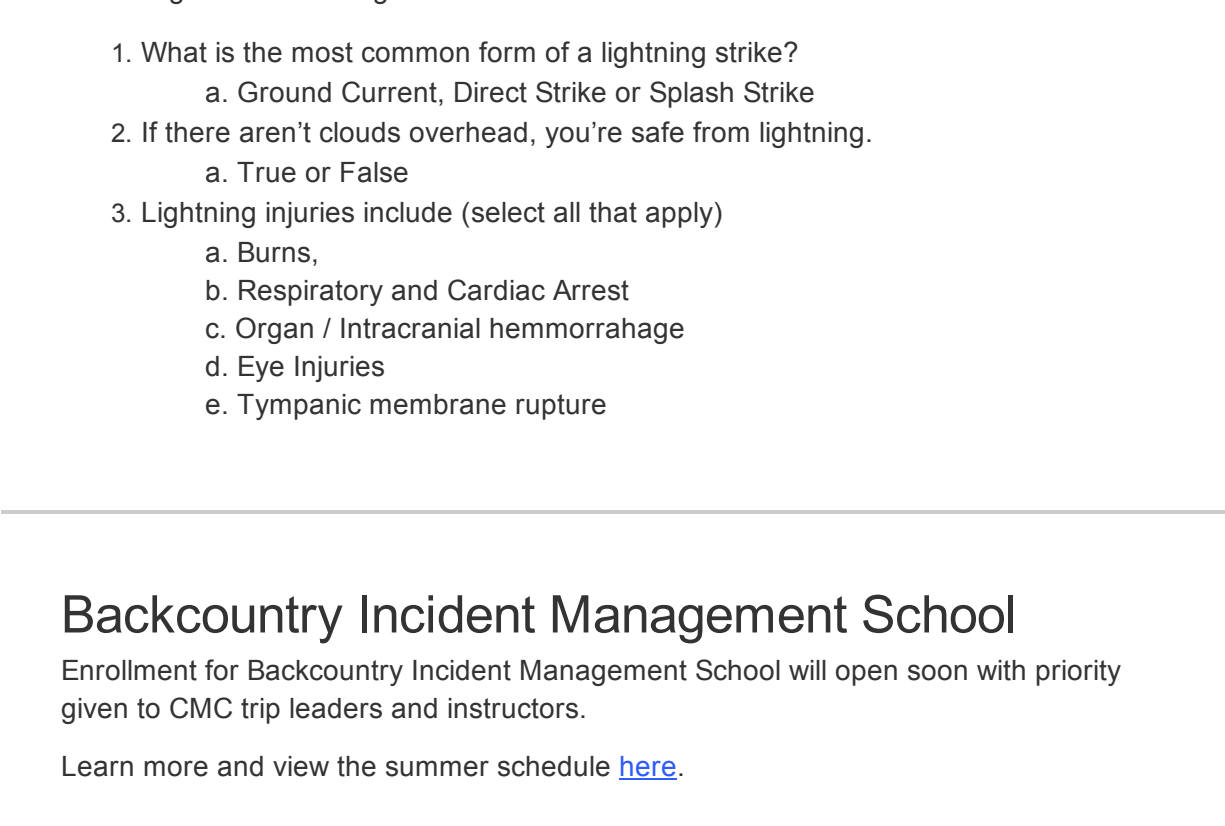
- [Wildflower Hike Trip Leader w/ Author Marlene Borneman - June 27](#)
- [Ascending Hike Series - Trip Leaders/Co-leaders](#)
- [Day Hiker School - Senior & Assistant Instructors](#)
- [Beginner Snowshoe - School Director](#)
- [Peak Crushers - Trip Leaders](#)
- [Technical Trip Leaders](#)

\*Interested in having your volunteer needs included in a future issue, complete this [form](#). Please note we have limited space in each issue, and we will do our best to accommodate all requests.

\*Once your need is filled please let [clairejoseph@cmc.org](mailto:clairejoseph@cmc.org) know and your posting will be removed.

[LEARN MORE](#)

### Photo Submission Contest



May winner: Grenadier Range, San Juan Mtns, CO Trail - Rolf Asphaug

This month's winner is **Rolf Asphaug!** Check out that stunning rainbow above. Congrats Rolf! Thank you to all who participated.

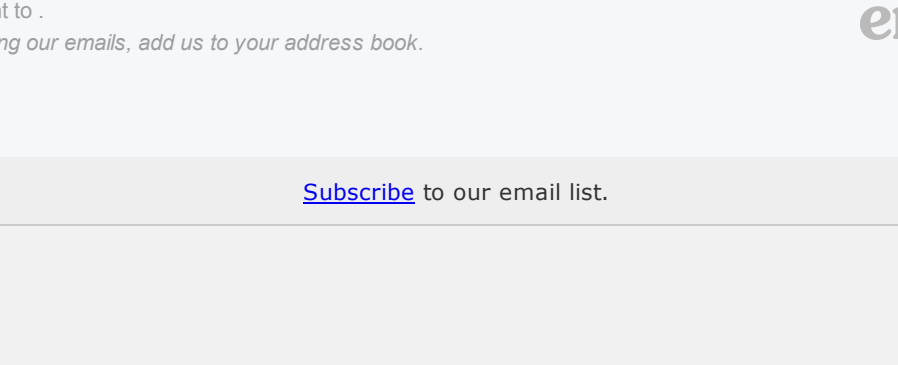
**June Theme: Wildflowers**  
**Prize: CMC Nalgene**  
**Deadline: June 1, 2022**  
**Submissions must include:**

- Photographer's name and Instagram handle (if social media credit is requested)
- Location of the photo
- Date the photo was taken
- Is it a CMC outing or taken?
  - If CMC, please include the name of the outing

Send all submissions to: [cmcticket@gmail.com](mailto:cmcticket@gmail.com)

\*By submitting your photos, you give permission to the Colorado Mountain Club to use them in any marketing efforts.

### Risk Management Corner



### Lightning

Since 1980, Colorado has had 100 fatal lightning strikes and nearly 500 lightning-related injuries (NOAA). With Summer around the corner, we want to test your knowledge with lightning trivia.

Submit your answers to [graham@cmc.org](mailto:graham@cmc.org). Answer all three correctly to be entered into a drawing for a CMC Nalgene.

1. What is the most common form of a lightning strike?
  - a. Ground Current, Direct Strike or Splash Strike
2. If there aren't clouds overhead, you're safe from lightning.
  - a. True or False
3. Lightning injuries include (select all that apply)
  - a. Burns,
  - b. Respiratory and Cardiac Arrest
  - c. Organ / Intracranial hemorrhage
  - d. Eye Injuries
  - e. Tympanic membrane rupture

### Backcountry Incident Management School

Enrollment for Backcountry Incident Management School will open soon with priority given to CMC trip leaders and instructors.

Learn more and view the summer schedule [here](#).

### Pro Deal **Spotlight**: Rocky Talkie

25% discount! Use code: [CMCVolunteer-25](#)



[Access Discount HERE](#)

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